Panic

It goes like this:

the mistake—left instead of right—

trips the wires in my brain. No one knows because the detonation is

internal. No one knows because they are all in

> their tiny worlds, Very Busy, under

A Lot of Stress. Next, the rabid howling,

the great aftermath of decades-old violence. Several acquaintances

whose middle names I don't know witness this carving out

of myself at the bottom of the stairwell. Trust me when

I say it is a carving a re-interpretation of the violence

of my father screaming at my brother screaming at the hole

in the wall that my mother tried for years to

fill and sand down and fill and sand down and

back in the stairwell the truth admits itself—

I am not human and now everyone knows.

The spectators are afraid so they call in reinforcements. I lie

to the police officer when he asks my name because he is a man

with a gun.

I say the right words, the ones

fear taught me at a young age, words like

yes and thank you.

I re-embody my limbs

and become trustworthy again, not like the kind of girl

you'd find hanging in a closet, un-pretty and blue.

If I must be exceptional, I will rail against you

and prove you right.

Exceptionally

the Trauma Olympics And swallow the

gold medal. Go ahead, try to revive me

psycho. Exceptionally tragic. Watch me win

in this absurd position. Asphyxiated,

howling, mad.