

Sports Medicine Description

Sports medicine refers to many different areas of exercise and sports science that relate both to performance and care of injury. Within sports medicine are areas of specialization such as clinical medicine, orthopedic, exercise physiology, biomechanics, physical therapy, athletic training, sports nutrition, sports psychology, and more.

[American College of Sports Medicine \(ACSM\)](#)

[American Medical Society for Sports Medicine \(AMSSM\); AMSSM Annual Meeting, April 24-29, 2020](#)

[American Orthopaedic Society for Sports Medicine \(AOSSM\)](#)

[American Osteopathic Academy of Sports Medicine \(AOASM\)](#)

[American Sports Medicine Institute \(ASMI\); Student Researcher Program](#)

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[Clinical Journal of Sport Medicine](#)

[Commission on Accreditation of Athletic Training Education \(CAATE\); Prospective Student Information](#)

[National Academy of Sports Medicine \(NASM\)](#)

[National Athletic Trainers' Association \(NATA\)](#)

[Orthopedic Surgeon Specialist in Sports Medicine and Arthroscopy Interview](#)

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Degree	Many professions in sports medicine require a certification. Each profession has different requirements for the certification process. The best way to find out about these requirements is to learn about the organizations that regulate the certification process for each profession. For example, the American College of Sports Medicine (ACSM) offers certification in several fields. ACSM requires all candidates taking the ACSM Health/Fitness InstructorSM or ACSM Exercise Specialist® examination to have at least an associate's degree in a health-related field and those taking the ACSM Exercise Specialist® to have at least a bachelor's degree in an allied health field. Candidates must also possess the knowledge, skills, and abilities (KSAs) required of the level of certification for which they are applying.
Program Length	Variable, depending on the degree (associate's, bachelor's, master's, or PhD).
Professional Schools' Organization	Two examples of certifying organizations are the American College of Sports Medicine and the Board of Certification for the Athletic Trainer . There are other certifying organizations.
Application Service	ATCAS (Athletic Training Centralized Application System) A centralized application service for candidates applying to degree programs in athletic training.
Academic Admission Requirements	Variable, depending on the program.
Admission Exam	No standardized exam. Certifying exams are offered in each field.
Personal Attributes & Experiences	Qualifications and expertise in all areas of exercise testing and prescription, both treatment and prevention - from clinical and rehabilitation programs in hospitals to corporate wellness centers to local parks and recreation departments to senior continuing care programs to health and fitness facilities.
Recommendation Letters	As specified by individual schools offering related degree. None required for certification exams.