

WHAT CAN I COMPOST?

Its simple, just ask “*Was it ever alive or made from something alive*”?



ALL food
for example:

- **All** fruits & vegetables
- **All** meat & bones
- **All** dairy products
- **All** baked goods & grains
- Leftover take out
- Coffee grounds & filters
- Teabags / loose leaf tea
- Pizza crusts
- Expired jam & jelly & whatever
- Spoiled yogurt
- Rice
- Pasta
- Cookies, muffins, protein bars
- Nuts, seeds, popcorn kernels
- Chips / crackers
- Tofu / tempeh
- Cereal / oatmeal
- Eggshells
- Stale candy
- Bread

Non-food items
Including:

- Paper soda cups
- Coffee cups (recycle the lids)
- Cardboard take-out containers
- Toothpicks
- Q-tips (not plastic ones)
- Cotton balls & pads
- Dryer lint
- Hair & nail clippings
- Paper napkins / paper plates
- Paper towels / tissues
- Wool yarn
- Newspaper
- Foody greasy paper like sub wraps
- Old masking tape
- Plants & leaves & dirt
- Bistro utensils = Greenware
- Egg cartons
- Pencil shavings
- Paper bags
- Pizza boxes / cereal boxes

Look for Compost Bins in:
Residence Halls
University Center
Academic Commons
Bickman Fitness Center
Student Engagement Center

**Can't compost it?
Please Recycle:**

- Clean paper
- Plastics #1 - 7
- Glass
- Metal

*Want to share this Compost cheat-sheet?
Check out: Sustainable Clark online*