**Clark University Packing List**

**Fall 2020**

As outlined in the Healthy Clark COVID-19 Plan website and The Clark Commitment, all students are expected to provide their own face coverings when they arrive on campus. While Clark University will provide a face covering, in cases of an emergency, it is important that students have multiple face coverings available.

Students are encouraged to pack light and think about the semester calendar for their clothing needs. Some essentials may include:

**Bedding**

* XL Twin Sheets (**PLEASE NOTE**: Clark University provides each resident student with an XL Twin mattress, which is approximately 5 inches (12.7 centimeters) longer than a traditional twin mattress)
* XL Twin Comforter or Blanket
* XL Twin Mattress Pad
* Pillow

**Bath and Toiletries**

* Shower caddy (to carry shower supplies to/from a shared bathroom)
* Hair care and shaving products
* Shower shoes
* Towel and washcloth
* Toothbrush, toothpaste and dental floss
* Hair dryer
* Small first-aid kit (band-aids, gauze pads, etc...)
* Anti-perspirant/deodorant
* Nail clipper
* Eyeglasses and/or contact lenses and solution
* Bathrobe
* Prescription medications (**PLEASE NOTE:** all prescription medication should be stored in the original prescription bottles as provided by your Pharmacist)
* Cotton swabs
* Over-the-counter medications (vitamins, pain-relievers, cough suppressants, etc...)
* Personal hygiene products

**Laundry Supplies**

* Laundry detergent/pods
* Dryer sheets
* Laundry basket
* Fabric softener
* Stain remover
* Hangers

**Academic Supplies**

* Pens/Pencils
* Notebooks
* School supplies (stapler, paper clips, tape, post-it notes, etc...)

**Electronics**

* Computer w/ appropriate cables (HDMI, Ethernet, etc...)
* Cell Phone w/ charging cable and plug
* Headphones (for music privacy)
* Television w/ co-axial cable\*\*

**Clothing**

* Clothing for summer and fall New England weather (Please avoid bringing clothes for every season, as clothing storage space may be minimal)
* Footwear for summer and fall weather
* Pajamas/sleep clothing
* Workout clothing
* Swimsuit

**Room Needs and Decor**

* Alarm clock
* Bedside reading lamp
* Small trash can
* Fan\*\*
* Command Strips/Hooks (for hanging pictures, posters, etc...)
* Small refrigerator (one per bedroom - cannot be larger than 5.0 cubic feet)\*\*
* Silverware
* Can opener
* Bowl and plate
* Reusable travel mug
* Reusable water bottle
* Dish soap
* Tissues
* Hand sanitizer
* Disinfecting wipes
* Snacks
* Food storage containers/bags
* All-purpose cleaner
* Paper towels
* Floor rug\*\*
* Small vacuum\*\*

\*\* These items are typically considered "one-to-a-room" items. Residents may want to wait to purchase these items until the have consulted with their roommate(s) to determine who will assume responsibility.

**Miscellaneous**

* Umbrella
* Backpack
* Under-bed storage boxes
* Bed-riser blocks

**Go Bag** (This travel bag should be easily accessible and ready-to-go if a student needs to temporarily relocate to Quarantine or Isolation Housing)

* Backpack or duffel bag
* Clothing and footwear for three days (Students will have access to laundry facilities in Quarantine and Isolation Housing)
* Prescriptions medications: a 14-day supply (**NOTE:** all prescription medication should be stored in the original prescription bottles as provided by your Pharmacist)
* Clark OneCard ID Card, health insurance and/or medical card and a credit/debit card
* All academic supplies: schoolwork, textbooks, academic supplies, planner, calculator, etc...
* Computer w/ appropriate cables and headphones/ear buds
* Cell Phone w/ charging cable and plug
* Pulse Oximeter (optional – not required)
* Thermometer
* Toiletry kit and personal hygiene products (see Bath and Toiletries notes above)
* Over-the-counter medications: a 14-day supply of vitamins, pain-relievers, cough suppressants, etc...
* Towel and washcloth
* Reusable water bottle
* Tissues
* Hand sanitizer
* Snacks
* Laundry detergent/pods
* Disinfecting wipes
* Additional face masks
* Emergency contact information for family members and health care providers

Students are encouraged to speak with their health care provider to determine what, if any supplements (pain-relievers, cough medicine, etc...) should be included in their Go Bag.